

SCIENTIFIC PROGRAM

MARCH 1, 2018

07:30-08:30 **Registration**

08:30-09:00 Master of Ceremonies: Dr. Alaa Galadari (UAE)
Opening Ceremony and Welcome Remarks from Conference Chair by Dr. Ahmad Almai (UAE)

09:00-09:30 Keynote Presentation: Future of Psychiatry: Challenges & Opportunities by Dr. Javed Afzal (UK), President-Elect of WPA

09:30-09:45 Welcome Remarks by H.E. Dr. Hamad Al Ghaferi, Director of NRC

09:45-10:00 Welcome Remarks by Dr. Mahdi Abu Madini, President of Saudi Psychiatric Society

10:00-10:10 **Coffee Break**

10:10-11:40 CHILD PSYCHIATRY TRACK - OCD Chair: Dr. Ahmad Almai (UAE)

10:10-10:50 Obsessive-Compulsive Disorder: Clinical picture, course and comorbidities Dr. Bernhard Weidle (Norway)

10:50-11:30 Treatment for Pediatric OCD in the Netherlands Dr. Lidewij Wolters (Netherlands)

11:30-11:40 Q & A

10:10-11:40 ADULT PSYCHIATRY TRACK - Psychosomatic / CL Chair: Dr. Samer Makhoul (UAE)

10:10-10:50 Delirium Dr. Fahad Alosaimi (KSA)
King Saud University

10:50-11:30 Schizophrenia: What we know and what we don't know Dr. Samer Makhoul (UAE)

11:30-11:40 Q & A

10:10-11:40 ARABIC TRACK - Learning Disorders Chair: Dr. Noor Al-Modihesh (KSA)

10:10-11:30 Evidence-Based Assessment of Learning Disorders: Regional Perspective Dr. Pia Zeinoun (Lebanon)

11:30-11:40 Q & A

10:40-11:40 RESEARCH TRACK - REA-KKMC/KFSHD Chair: Dr. Ammar Albanna (UAE)

10:10-11:30 Overview of Research Ethics and Oversight Dr. Yasser Ad-Dab'bagh (KSA)

11:30-11:40 Q & A

11:40-11:55 **Coffee Break**

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11:55-13:25 CHILD PSYCHIATRY TRACK - Infant Mental Health and Parenting Chair: Dr. Sabine Skaf (UAE)

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| 11:55-12:35 | Parenting Style and Anxiety Disorders in Children | Dr. Noor Al-Modihesh (KSA)
King Saud University |
| 12:35-13:15 | Parenting Styles and Attachment | Dr. Sabine Skaf (UAE) |
| 13:15-13:25 | Q & A | |

11:55-13:25 UC SAN DIEGO PROFESSIONAL DEVELOPMENT PROGRAM - SEHA SYMPOSIUM

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| 11:55-13:25 | Non-Psychopharmacological Approach to Treatment Resistant Disorder (TRD) | Dr. Munir Soliman (USA) |
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11:55-13:25 ARABIC TRACK - Learning Disorders Chair: Dr. Safa Ali Al-Jameel (Oman)

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| 11:55-12:35 | Development of psychological functional measures for Hearing impaired individual using Arabic Sign Language | Dr. Safa Ali Al-Jameel (Oman) |
| 12:35-13:15 | Mental Health and Communication Between Parents and Infants; Embracing your child is key to your happiness | Dr. Fatimah Ridha Alfares (KSA) |
| 13:15- 13:25 | Q & A | |

11:55-13:25 RESEARCH TRACK - REA-KKMC/KFSHD Chair: Dr. Saad Al Shahrani (KSA)

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| 11:55-13:15 | Introduction to Research Design and Clinical Trials | Dr. Alanoud Al-Shami (KSA) &
Dr. Saad Al-Shahrani (KSA) |
| 13:15- 13:25 | Q & A | |
| 13:35-14:25 | Lunch Break | |

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14:25-15:55 CHILD PSYCHIATRY TRACK - Genetics / Research Chair: Dr. Nada Al Tassan (KSA)

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| 14:25-15:05 | The Future of Autism Research | Dr. Mohammed Uddin (UAE) |
| 15:05-15:45 | A Comprehensive Genetic Testing Workflow for Individual with Autism Spectrum Disorder | Dr. Nada Al Tassan (KSA) |
| 15:45-15:55 | Q & A | |

14:25-15:55 ADULT PSYCHIATRY TRACK - Substance Abuse (NRC) Chair: Dr. Tarek Gawad (UAE)

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| 14:25-14:55 | Substance Abuse & Mental Health: Regional perspective | Dr. Tarek Gawad (UAE)
National Rehabilitation Centre |
| 14:55-15:25 | Problematic Internet Use in the UAE and the Arab World | Dr. Ahmed Elkashef (UAE)
National Rehabilitation Centre |
| 15:25-15:55 | Mental Illness and Addiction Stories Told Through Tattoos; Is the body graffiti skin deep, or deeper? | Dr. Ahmed Yousif Ali (UAE)
National Rehabilitation Centre |

14:25-15:55 ARABIC TRACK Chair: Dr. Mahdi Abu Madini (KSA)

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| 14:25-15:05 | Schema Therapy | Dr. Zahraa Hussain Almousawi (Kuwait) |
| 15:05-15:25 | The Effect of War on Children: A Global Perspective | Drs. Alaa Galadari, Dr. Yumna Al Mansoori, & Dr. Ahmed Al Almai (UAE) |
| 15:25-15:45 | Augmentative and Alternative Technology Devices | Dr. Suha Mohammad Alshuaibat (UAE) |
| 15:45-15:55 | Q & A | |

14:25-15:55 RESEARCH AND OTHER TOPICS TRACK Chair: Dr. Abdelazim Mabrook

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| 14:25-14:45 | Research Methods in Psychological Sciences | Dr. Abdullah Salem AlRashidi (Kuwait) |
| 14:45-14:55 | What is so special about the Arab Personality: Empirical findings from Lebanon, Syria, Jordan and Palestine? | Dr. Pia Zeinoun (Lebanon) |
| 14:55-15:05 | Psychological Assessment of Emirati Patients Pursuing Bariatric Surgery for Obesity | Dr. Essam Eldin Emam (UAE) |
| 15:05-15:25 | Management of nocturnal enuresis in a primary health setting- AI in enuresis clinic experience | Dr. Abdelazim Mabrook |
| 15:25-15:45 | Predictors of Postpartum Depression in Dubai, a Rapidly Growing Multicultural Society in the United Arab Emirates | Salama Nasser Alnuaimi (UAE) |
| 15:45-15:55 | Q & A | |

15:55-16:10 Coffee Break

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16:10-17:40 CHILD PSYCHIATRY TRACK - Infant Mental Health and Parenting Chair: Dr. Naoufel Al Gaddour (Tunisia)

16:10-16:50	What Role is Played by Early and Intensive TV Viewing in Autism Spectrum Disorder?	Dr. Naoufel Al Gaddour (Tunisia)
16:50-17:10	Adaptation and Reflection of Treating Unusual Phobia in a Child with ASD "Halloween 24/7"	Sarah Almarzooqi (UAE)
17:10-17:20	Predictors of Intellectual Abilities among Children with Autism Spectrum Disorder	Dr. Ahmed Babiker Idris (UAE)
17:20-17:30	Retesting Parental Age as a Risk Factor for Autism Spectrum Disorders in a Young Generation Population	Dr. Ahmed Babiker Idris (UAE)
17:30-17:40	Q & A	

16:10-17:40 ADULT PSYCHIATRY TRACK Chair: Dr. Dakhil Alsaeidi (KSA)

16:10-16:30	Psychotherapies for PTSD, Knowing-Doing Gap	Dr. Dakhil Alsaeidi (KSA)
16:30-16:50	ADHD across the Lifespan: Findings from 20 Countries	Dr. John Fayyad (Lebanon)
16:50-17:30	Remembrance of Things Present: Making Peace With Dementia	Mr. Peter Maeck (USA)
17:30-17:40	Q & A	

16:10-17:40 ARABIC TRACK Chair: Dr. Ghanem Al Hassani (UAE)

16:10-16:30	Early Maladaptive Schema in Borderline Personality Disorder	Dr. Zahraa Hussain Almousawi (Kuwait)
16:30-16:50	The Key to a Successful Counseling: A trainee's perspective	Ms. Ebtisam Osman Al Radi (UAE)
16:50-17:10	The Necessity of Liaison Psychiatric Nurse	Dr. Azza Saad Zaghloul Elsayed Sayed Ahmed (UAE)
17:10-17:30	Self-esteem and Locus of Control among a Group of Adolescents with Type-1 Diabetes Mellitus	Dr. Farihan Farouk Helmy (Egypt)
17:30-17:40	Q & A	

16:10-17:40 RESEARCH TRACK

16:10-17:30	TBA	TBA
17:30-17:40	Q & A	

SCIENTIFIC PROGRAM

MARCH 2, 2018

08:00-09:00 **Registration**

09:00-09:15 Welcome Remarks from Conference Co-Chair by Dr. Ghanem Hassani

09:15-09:30 Welcome Remarks from President of Child Psychiatry, Emirates Medical Association (EMA), Dr. Ammar Albanna

09:30-09:45 Dr. Khawla Al Saadi; President of Emirates Autism Society

09:45-10:15 Keynote Presentation: WPA Child and Adolescent Psychiatry Section's Perspective on Global Challenges in Child and Adolescent Mental Health by Prof. Norbert Skokauskas (Norway)

10:15-10:25 **Coffee Break**

10:25-11:55 CHILD PSYCHIATRY TRACK - Infant Mental Health Chair: Dr. Azhar Abouali (UAE)

10:25-11:05 Infant Mental Health: What factors form a Bridge between research and clinical practice? Dr. Maree Foley (Switzerland)

11:05-11:45 The impact of implementing the "Safewards model" on a Psychiatric Intensive Care Unit (PICU) Dr. Hamid Alhaj (UK)

11:45-11:55 Q & A

10:25-11:55 ADULT PSYCHIATRY TRACK - Substance Abuse Chair: Dr. Ossama Osman (UAE)

10:25-11:25 AMECA Symposium Addiction and Mental Health Comorbidity: Research and Clinical Strategies to Address Growing Burden in Africa and the Middle East
Drs. Ahmed Al Kashef, Essam Emam, Doaa Radwan & Ossama Osman (UAE)

11:25-11:45 Cannabis and Amphetamine Abuse and Psychosis: New Insights into Drug-induced Psychosis
Dr. Fares F. Alharbi (KSA)

11:45-11:55 Q & A

10:25-11:55 ARABIC TRACK Chair: Dr. Reham Aly (Egypt)

10:25-11:05 An Interesting Case Study with a Multidisciplinary Team Approach
Drs. Haneen Jarrar, Rahaf Al Bizreh & Rindala Semaan (UAE)
Camali Clinic

11:05-11:45 Cognitive Behavior Therapy for Couples
Dr. Reham Aly (Egypt)

11:45-11:55 Q & A

10:25-11:55 RESEARCH TRACK - REA-KKMC/KFSHD Chair: Dr. Meshal Al-Modhy (KSA)

10:25-11:45 Overview of Research Statistical Concepts and Pitfalls
Drs. Saad Al-Shahrani & Dr. Meshal Al-Modhy (KSA)

11:45-11:55 Q & A

11:55-14:00 **Lunch Break and Friday Prayer**

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12:00-14:00 Business Meeting - Emirates Society for Child and Adolescent Mental Health (By Invitation Only)		
13:30-14:00	Satellite Symposium hosted by Eli Lilly	Dr. Ahmad Almai (UAE)
14:00-15:30 CHILD PSYCHIATRY TRACK Chair: Dr. Sama El Abd (UAE)		
14:00-14:20	Attention Deficit Hyperactivity Disorder in Non Referred Patient Group	Dr. Sama El Abd (UAE)
14:20-14:40	Multi Professional Practice and School Inclusion in the early years	Dr. Ruba Tabari (UAE)
14:40-15:20	The Effect of Parental Incarceration on Early Adolescent's Eating and Sleeping Habits	Dr. Lauren Booker (USA)
15:20-15:30	Q & A	
14:00-15:30 ADULT PSYCHIATRY TRACK - Psychotherapies Chair: Dr. Ahmad Alhadi (KSA)		
14:00-14:40	How to Understand OCD from Cognitive Perspectives	Dr. Ahmad Alhadi (KSA) King Saud University
14:40-15:20	Cultural Adaptation of CBT Interventions: Roadblocks in the way to effective practice	Dr. Reham Aly (Egypt)
15:20-15:30	Q & A	
14:00-15:30 ARABIC TRACK - Parenting and Education Chair: Dr. Fatma Khalifa Elsayed (KSA)		
14:00-14:40	Basic Guidance with Parents of Children with ASD	Dr. Naoufel Gaddour (Tunisia)
14:40-15:00	Obsessive Compulsive Disorder: Diagnosis and management	Dr. Fatma Khalifa Elsayed (KSA)
15:00-15:20	Autism in the Classroom	Dr. Israa Farouk Abusaad (UAE)
15:20-15:30	Q & A	
14:00-15:30 MIXED TRACK - Research and Al Jalila Children's Institute Chair: Dr. Azhar Abouali (UAE)		
14:00-14:40	Mutational Spectrum and Cellular Heterogeneity of Neurodevelopmental Disorders	Dr. Mohammed Uddin (UAE)
14:40-15:05	Sleep and Pediatric Mental Health	Drs. Habib Abdullah & Rizwana Popatia (UAE) Al Jalila Children's Institute
15:05-15:30	Mindfulness: Mind your wellbeing	Drs. Meshal Sultan & Karina Soubra (UAE) Al Jalila Children's Institute
15:30-15:45 Coffee Break		
14:00-16:00 Postgraduate Child Psychiatry Outcomes Assessment Interest Group (by invitation only)		

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15:45-17:15 CHILD PSYCHIATRY TRACK Chair: TBA

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| 15:45-16:25 | The prevalence of Child Abuse in the UAE | Dr. Amna Ibrahim Al Mutawa (UAE) |
| 16:25-16:45 | Biological Correlates of Behavioral Disorders in Children and Adolescents: Recent Updates | Dr. Hanan Hussein Ahmed (UAE) |
| 16:45-17:05 | Play Therapy for 'The Silent Sufferers' - Children Witnessing Domestic Violence | Dr. Anita Sunil Kumar (UAE) |
| 17:05-17:15 | Q & A | |

15:45-17:25 ADULT PSYCHIATRY TRACK Chair: Dr. Fahad Alosaimi (KSA)

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| 15:45-16:05 | The Psychosocial Correlates of Infertility in Saudi Arabia | Dr. Fahad Alosaimi (KSA)
King Saud University |
| 16:05-16:25 | Art Therapy Research and the Development of Mental Health Services in the UAE | Dr. Sara Powell (UAE) |
| 16:25-16:45 | Quality of Life in Cardiac Patients with Psychiatric Disorders | Dr. Ahmad Saad Alzahrani (KSA) |
| 16:45-17:25 | Exploration of FOMO, or Fear of Missing Out and Social Media, and its relationship to Psychological Well-being and Distress | Chasity O'Connell & Thoraiya Kanafani (UAE) |

15:45-17:15 ARABIC TRACK Chair: Dr. Farouk Majzoub (Lebanon)

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| 15:45-16:25 | Psychopath Personality Disorder and its Relationship with Perpetrators of Terrorist Attacks: An applied study | Dr. Marwa Ahmed Fouad (UAE) |
| 16:25-16:45 | The Prevalence of Emotional and Physical Abuse among Adolescent Between 11 to 18 years old in Al Ain and Relation to Depression | Dr. Maryam BinNasser Al Dahmani (UAE) |
| 16:45-17:05 | Integrative Multitheoretical Married Couple Therapy | Dr. Farouk Majzoub (Lebanon) |
| 17:05-17:15 | Q & A | |

15:45-17:15 MIXED TRACK - Al Jalila Children's Institute Chair: TBA

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| 15:45-16:10 | Augmentative and Alternative Technology Devices: How do you choose? | Dr. Suha Al Shuaibat (UAE)
Al Jalila Children's Institute |
| 16:10-16:35 | Child Abuse: A Interdisciplinary Approach | Dr. Sarah Bougar (UAE)
Al Jalila Children's Institute |
| 16:35-16:50 | Child Abuse: A Interdisciplinary Approach | Dr. Heba Ragheb (UAE)
Al Jalila Children's Institute |
| 16:50-17:15 | Child Abuse: A Interdisciplinary Approach | Dr. Mona Qureshi (UAE)
Al Jalila Children's Institute |

WS 1 - Meeting Room 5**09:00-12:00**

Critical Appraisal
 Dr. Meshal Al-Modhy (KSA) &
 Dr. Yasser Ad-Dab'bagh (KSA)
 Introduction to Principals of
 Evidence-based Practice
 Dr. Alanoud Al-Shami (KSA)
 Metanalyses and
 Systematic Reviews
 Dr. Alanoud Al-Shami (KSA)

WS 2 - Meeting Room 6**09:00-12:00**

Behavioral Experiment in CBT:
 Workshop
 Dr. Ahmad AlHadi (KSA) and Dr.
 Meshal Al Aqeel (KSA)

WS 3 - Meeting Room 7**09:00-10:30**

Healing Art: Using Children's
 drawings for understanding
 and therapy
 Fatten Fathy Elkomy (USA)

WS 4 - Meeting Room 7**10:30-12:00**

Motivational Interview in Arabic
 Dr. Abdullah Alshenguity (KSA)

WS 5 - Meeting Room 8**09:00-12:00**

Developing Basic Molecular
 Research Programs; Complex
 Neurological Disorders
 as an Example
 Drs. Nada Al Tassan, Bashayer Al
 Mubarak & Batoul Baz (KSA)

WS 6 - Meeting Room 9**09:00-12:00**

The Psychiatry Clinical Skills:
 Interviewing and Presentation
 Drs. Ossama Osman, (UAE), Tawfik
 Daradkeh (Jordan) Hamed Al Sinawi
 (Oman) & Mahdi Abu Madini (KSA)

WS 7 - Meeting Room 10**09:00-10:30**

Pediatric Obsessive-
 Compulsive Disorder:
 Treatment and management
 Prof. Norbert Skokauskas (Norway),
 Dr. Bernhard Weidle (Norway) & Dr.
 Lidewij Wolters (Netherlands)

WS 8 - Meeting Room 10**10:30-12:00**

School-based Art Therapy
 Programmes in the UAE:
 Addressing Educational and
 Emotional Challenges
 Mariam El Halawani (UAE)

WS 9 - Meeting Room 11**09:00-12:00**

Cognitive behavioral therapy
 for Depression (Arabic)
 Drs. Fatma Khalifa Elsayed & Shrooq
 Gharmallah Alzahrani (KSA)

WS 10 - Meeting Room 12**09:00-10:30**

Stress Management Training
 for Parents of Special
 Needs Children
 Drs. Abdulhadi Ateeq Alhabbad &
 Areej Al Muhareb (KSA)

WS 11 - Meeting Room 12**10:30-12:00**

Residency and Fellowship
 Programs available in GCC
 Countries: Meet the program
 directors
 Drs. Ahmed Malalla AlAnsari
 (Bahrain), Tarek Shahrour (UAE),
 Ahmed AlHadi (KSA), Fahad Alosaimi
 (KSA), Ossama Osman (UAE) &
 Hamed Al Sinawi (Oman)

WS 12 - Meeting Room 5**13:00-14:45**

Proposal/grant writing
 workshop – Panel
 Dr. Saad Al-Shahrani, Dr. Yasser
 Ad-Dab'bagh, Dr. Meshal Al-Modhy
 & Dr. Alanoud Al-Shami (KSA)

WS 13 - Meeting Room 6**13:00-16:00**

Attachment theory:
 Understanding the parent-
 infant relationship and
 client-family relationship;
 implications for infant mental
 health practice
 Dr. Maree Foley (Switzerland)

WS 14 - Meeting Room 7**13:00-16:00**

Child Protection UAE Law;
 training professionals; legal,
 psychiatric and Medical
 Dr. Ahmad Almai, Dr. Nawal Al Kaabi
 (UAE) and Col. Faisal Alshimmiry
 (UAE - Ministry of Interior)

WS 15 - Meeting Room 8**13:00-16:00**

Essential Basics for Cognitive
 Behavior Therapy for Beginners
 (Arabic/English)
 Dr. Reham Aly (Egypt)

WS 16 - Meeting Room 9**13:00-16:00**

Essential Psychotherapy Skills:
 How to achieve wellbeing with
 your patients?
 Drs. Ossama Osman, Shamil
 Wanigaratne & Essam Emam (UAE)

WS 17 - Meeting Room 10**13:00-16:00**

Basic Guidance with Parents
 of Children with ASD Workshop
 (Arabic/English)
 Dr. Naoufel Gaddour (Tunisia)

WS 18 - Meeting Room 11**13:00-16:00**

School Health - Bahrain
 Experience (English/Arabic)
 Drs. Ahmed Malalla AlAnsari, Eman
 Ahmed Haji, Ashwaq Abdulla Sabt &
 Amani Abdulla AlSabbagh (Bahrain)

WS 19 - Meeting Room 12**13:00-16:00**

Managing cancer and living
 meaningfully (CALM)
 Dr. Fahad Alosaimi (KSA)

POSTER PRESENTATIONS

Prevalence and Risk Factors of Nomophobia among Undergraduate Students of Health Sciences Colleges at King Khalid University, Abha, Saudi Arabia

Dr. Ahlam Saad Alqahtani (KSA)

The Prevalence of Psychiatric Disorders in Cardiac Patients using a Diagnostic Tool

Dr. Abdulaziz Abdulmajeed (KSA)

Spiritual and Optimism in Pediatric Inpatient Settings: An exploratory study

Dr. Fady Taymour Serry (UAE)

The Impact of Parents and Peers Smoking on the Behavior of University Students Towards Smoking

Dr. Hussein Mohammed Resen (UAE)

Child and Adolescent Psychiatry in the Middle East

Carolyn Clausen (Norway)